**Bramcote Netball Club – Return to Training**

Dear members

We are very pleased to say we are now ready and able to resume training at a new temporary venue, Kirk Hallam Community Academy

There are a lot of rules, regulations and guidance from England Netball that we are following and we will try to pass this information to you in the most user friendly way we can

Links have been posted on the Whatsapp group for the following and these will be on the website in the Covid section soon;

Understanding the risk of netball – Youtube video

Personal Risk assessment document

Opt in guidance

Risk mitigation protocol infographic

Covid-19 Health declaration

Rule Modifications Infographic

An introduction to stage 4 netball – Youtube video

Stage 4 Modified netball explainer – Youtube video

It is important that all members have seen these documents and are aware of the risks associated with returning to training; and how they as individuals, and the club can mitigate these risks. It is also very important that all members feel safe. That they do not feel pressured to return until they feel ready and that any worries or concerns, that members have, are bought to the attention of the club.

**Prior to training**

* Membership must have been paid
* Teamer invite must have accepted
* Health declaration must have been read and compliance verbally agreed at registration
* Personal RA, especially for high risk groups, must have been read and understood and the Opt In statement agreed to (which will be verbally checked and recorded by the club)
* All members must be fit and well and able to participate in the session. If they, or any family member or close contact has symptoms of Covid they must not attend training
* All participants will have their temperature taken prior to training
* Members need to be aware of how they will travel to and from training as car sharing between people from different households should be avoided

**Training session**

* Sessions are OUTDOORS, dress appropriately and come ready (there will be no changing facilities
* Arrive on time to enable registration, verbal checks, temperature check (but stay in your vehicle if you arrive early to minimise gathering)
* Junior members will need to be dropped off at the designated spot and collected. Parents are not allowed near the court area due to restrictions on numbers
* Follow signage
* Bring minimum things on to court. Store any belongings in a suitable distanced spot from other members, including drinks
* Sanitise hands when entering the court, leaving and at regular intervals through the session
* Toilet facilities are available. Please use 1 at a time, queue in a socially distanced manner and sanitise hands before joining or rejoining the court
* Social distancing rules are followed at all times including breaks in training
* Ensure modified netball rules are followed
* No shouting
* Clean your ball at the start and end of each session and as required throughout

**After the session**

* Leave the area as quickly as possible ensuring you have all your belongings as we cannot keep or be responsible for anything that isn’t club equipment
* Sanitise hands
* Report any concerns regarding the session
* Notify the club if you develop any Covid symptoms (be aware of the up to date symptom list from NHS)

If anybody has any questions or suggestions please contact any member of the committee, the coaches or the team managers

Thank you